

This course will cover the kata for those people needing it for grading syllabus or coaches who would like to teach basic principles. It will be suitable for junior or senior athletes and benefit those people who have not previously done kata or wish to take a basic refresh.

Venue: Worcester, above gala bingo, Foregate Street, Worcester WR1 1DN

Tutors: Keith Merrick - National Development Officer

Date: 8th September 2019

Session: 09.00 – 13.00 **Registration:** 08.30 – 08.55

Cost: £15.00

Revalidation course suitable for Coaches

Prior registration is required, please complete entry form below - places are limited. For further information, please contact, **Keith Merrick** National Development Officer:

e-mail: keith.merrick@britishjudo.org.uk mobile: 07887 455587

=====

NAGE-NO-KATA – WORCESTER – 8TH SEPTEMBER 2019	
CLUB:	BJA MEMBERSHIP NO:
NAME:	GRADE:
ADDRESS:	
TELEPHONE NUMBER:	EMAIL:
ALL CHEQUES SHOULD BE MADE PAYABLE TO BRITISH JUDO ASSOCIATION	

***Please send applications including cheque for £15.00 to:
Keith Merrick, National Development Officer, 7 Elmstone Close, Hunt End, Redditch. B97 5UR***